

## **TRIPLE ONE CARE**

**Phone: 0800 487 475**

**Email Address: [info@tripleonecare.co.nz](mailto:info@tripleonecare.co.nz)**



**Triple One Care are offering...**

## **FREE HOLIDAY FIRST AID COURSES** **Promoting Safety in the Community**

**Be Safe this Christmas**

**TOPICS: Soft Tissue Injury, Burns, Near Drowning, Casualty Positioning, Bleeding, Choking, Hypothermia/ Dehydration, Stings and Bites**

**\*\* BOOKINGS ARE ESSENTIAL \*\***  
**Limited to 25 participants only**

**Contact TRIPLE ONE CARE**

**to book your space at**

**one of our locations**

**[info@tripleonecare.co.nz](mailto:info@tripleonecare.co.nz)**

**Christchurch – Nelson – Auckland**

**Auckland Dates:**

**14<sup>th</sup> or 28<sup>th</sup> November**

**6<sup>th</sup> or 15<sup>th</sup> December**

**Check out our website for a venue near you. [www.tripleonecare.co.nz](http://www.tripleonecare.co.nz)**

